

Labastida, Jacquelyn

From: Milton, Betty
Sent: Friday, April 18, 2025 8:13 AM
Subject: Upcoming Community Event: 11th Annual Children and Youth Mental Health Well-Being Celebration on May 10, 2025
Attachments: 11th Annual Children and Youth Mental Health Well-Being Celebration (May 2025).pdf

Sent on behalf of Nadia Privara Brahms, MPA, Acting Director, Behavioral Health Services

Bcc'd to BHS All-Staff

Bcc'd to BHS Contracted Providers

The National Alliance on Mental Illness (NAMI) San Diego Community Advocacy Program will host the 11th Annual Children and Youth Mental Health Well-Being Celebration on Saturday, May 10, 2025, from 2:00 p.m. to 6:00 p.m. The event will be held in-person at Grossmont Center Mall in the main courtyard. The celebration is part of the events held in observance of *May is Mental Health Matters Month* (MIMHMM). The Children and Youth Mental Health Well-Being Celebration is free to attend and will offer a variety of fun and engaging activities for all ages, opportunity drawings, and more.

Event Information:

- **Date:** Saturday, May 10, 2025
- **Time:** 2:00 pm to 6:00 pm
- **Location:** Grossmont Center Mall - Main Courtyard (5500 Grossmont Center Drive La Mesa, CA 91942)
- **Cost:** Free

Nadia Privara Brahms, MPA, Acting Director
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